MEDIA RELEASE

August, 2019

Notre Dame lecturers launch new podcast

Calling all podcast enthusiasts! It’s time to add a new show to your list – the first episode of This Catholic Life went live last week, hosted by Notre Dame Sydney’s Associate Dean of Learning and Teaching, Peter Holmes, alongside Renee Kohler-Ryan, our Dean of Philosophy and Theology.

Described as a show about ordinary Catholics bringing light to current issues and life’s ups and downs, the weekly, one-hour podcast will tackle everything from the challenges of Catholic dating to maintaining a work/life balance, issues of religious freedom and even the experience of being “new” (in a town, job or team). Each episode will have a central topic and work through a series of questions relating to that topic with special guest contributors weighing in. No subject is too big or too small.

This Catholic Life has been a year in the making and is the brainchild of Peter Holmes. “I have enjoyed listening to podcasts for years, but I noticed that there is a lack of genuine conversation from a Catholic perspective, modelling respectful discussion and disagreement, and finding joy in the ordinary struggle and humdrum of life,” he said. “The main purpose of the podcast is to showcase the depth, intelligence and joy of the Catholic world view, through a genuinely searching – and hopefully an entertaining – discussion.”

A number of Notre Dame graduates have already been invited to join the hosts on air to discuss topics they’re passionate about. Other guests to listen out for include Simcha Fisher, journalist and author of The Sinner’s Guide to Natural Family Planning; Monica Doumit, a lawyer, researcher and lobbyist on issues concerning religious freedom; Sydney-based freelance writer Anna Hitchings; and best-selling American author Katrina Zeno, renowned as an international speaker on the feminine genius and theology of the body.

For information, updates and to tune in, visit www.thiscatholiclife.com.au or follow This Catholic Life on Facebook: www.facebook.com/thiscatholiclifeau

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