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MEDIA RELEASE

Australian Bishops offer Reflections during Lent

Are you doing something special for Lent this year?

If you are looking for ways to enrich your personal Lenten experience, or even to undertake something that will bring family and friends together in a new way during the Easter journey, why not join the Australian Bishops as they explore and reflect on the Sunday Gospels as part of the Lenten *lectio divina* offering prepared by the Diocese of Broken Bay.

Lectio divina is a form of meditative, prayerful, reading of the Scriptures that calls us to look closely at our personal faith life. In doing so, it humbles us before God, and inclines us to find the grace we need to reform our lives.

Produced since 2008, the Broken Bay *lectio divina* Resource is available as a booklet to download and includes readings, reflections and questions for discernment. This year the scriptures will be further opened through personal video reflections by seven different Australian Bishops.

Each week, the Bishops will provide their unique insight into what strikes them about the upcoming Sunday Gospel reading as well as considering what the reading teaches us and what it might mean for our lives.

As we approach the first Sunday in Lent, Most Rev Eugene Hurley, Bishop of Darwin, draws us in to a reflection on Matthew's Gospel and the Temptation in the Desert:

"As we consider this Gospel, and it's a beautiful Gospel in many ways, it highlights the humanity of Jesus... and gives us a beautiful way through that into a new place where we sense our own goodness, and the presence of God and the strength of the Holy Spirit."

We hope you will join us as we pray the Scriptures this Lent.

To find out more about this exciting resource visit: www.dbb.org.au today.

Participants:

1st Sunday	Most Rev Eugene Hurley, Bishop of Darwin
2nd Sunday	Most Rev Peter Ingham, Bishop of Wollongong
3rd Sunday	Most Rev Greg O'Kelly SJ, Bishop of Port Pirie
4th Sunday	Most Rev Anthony Randazzo, Auxiliary Bishop of Sydney
5th Sunday	Most Rev Paul Bird CSsR, Bishop of Ballarat
Passion Sunday	Most Rev Columba Macbeth-Green OSPPE, Bishop of Wilcannia-Forbes
Easter Sunday	Most Rev Michael McCarthy, Bishop of Rockhampton

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