

Wednesday September 25, 2019

New podcast series aims to assist 'wounded' families

A new series of podcasts that examine families and family issues is being produced by Majellan Media in Melbourne.

For more than 70 years *The Majellan* magazine, one of Australia's most respected Catholic publications, has provided advice, shared stories of family life and helped family members deal with their problems.

Majellan Media has now embraced the digital age with the introduction of the podcasts titled *Figuring out Families* which will help reach a new audience, especially at a time when family life seems to be even more difficult.

The new podcasts feature prominent people and expert guests who discuss issues faced by families and offer advice and insights on what we all can do to help families. The first episode features Denis Fitzgerald, outgoing Executive Director of Catholic Social Services Victoria (CSSV).

Denis talks about the issues and challenges facing families today, the main causes of family breakdown, and how it's contributing to an increased problem in local communities and society generally. As a peak body for Catholic community services in Victoria, CSSV supports and enhances the work of member organisations.

"It's in the family we learn the skills of living together," said Tony Biviano, CEO Majellan Media. "We first learn that we are loved, understood, wanted and cared for, and in most cases it's in the family we are formed to be who we are.

"Through Figuring Out Families and embracing the digital age, we can move beyond our traditional borders and what we've been able to achieve with our print magazine *The Majellan*. The magazine has always been about 'family' and assisting families with their problems. We believe featuring experts on our podcasts who can offer advice and insights to help 'wounded' families with their issues are the best way to assist families in this day-and-age," said Mr Biviano.

Figuring out Families podcast series is available from most podcast services and on Spotify. Go to <https://anchor.fm/figuring-out-families>

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