



## **Centacare FNQ Presents the "Budget Bites Challenge" recognising Anti-Poverty Week**

Centacare FNQ is excited to announce the "Budget Bites Challenge," an engaging and enlightening event aimed at raising awareness of the everyday struggles faced by many families when it comes to cooking on a tight budget. This event is part of Anti-Poverty Week, and it is set to take place this Thursday, from midday to 1.30 pm at the Manoora Neighbourhood Centre.

The "Budget Bites Challenge" is a unique initiative designed to bring our community together to recognize the difficulties faced by vulnerable families and individuals in making ends meet. This eye-opening activity will spotlight the importance of providing support and resources to those who need it most.

Hosted by Centacare FNQ and sponsored by Cairns Safer Streets and The Energy and Water Ombudsman Qld, the "Budget Bites Challenge" will see teams from various organizations in Cairns, including Cairns Post, ABC FNQ, Star FM 102.7, 7 News, Cairns Safe Streets, SHAC, Mission Australia, The Maraway, The Salvation Army, Harbrow Mentoring, National JobLink, Uniting Care Community, and Centacare FNQ, come together to tackle the challenge of preparing a meal on a limited budget.

Our guest judges for this event will be from Guerilla Cairns, and coffee will be generously provided by Mission Australia's Cafe One, adding to the community spirit and camaraderie of the event.

After the "Budget Bites Challenge," everyone is invited to join us for a community BBQ hosted by the Centacare School Savvy team. This is a fantastic opportunity to connect with the community, share ideas, and discuss ways we can work together to combat the issues of poverty and food insecurity in our region.

Centacare FNQ Executive Director, Anita Veivers said ' we are thrilled to have so many sponsors and participants. The cost of living situation is really biting hard with a lot of families and events such as this help to highlight the problems faced by so many families just to put a meal on the table.' "The challenge highlights the good work of organisations like Anglicare North Queensland who operate

the foodbank, OZ Harvest who redirect food to those who need it, and the network of neighbourhood centres which play a crucial role in connecting community members with emergency and food relief”.

### **Event Details:**

**What: "Budget Bites Challenge"** - An Anti-Poverty Week awareness-raising activity

**When: Thursday, 19<sup>th</sup> October, from 12:00 PM to 1:30 PM**

**Where: Manoora Neighbourhood Centre**

**Participants: Teams from various media and community organizations**

**Judges: Guerilla Cairns**

**Coffee Provided by: Mission Australia's Cafe One**

**Followed by: Community BBQ hosted by the Centacare School Savvy team**

We encourage all members of the Cairns community to join us for the "Budget Bites Challenge" and the following community BBQ. Together, we can make a difference and contribute to the fight against poverty in our region.

### **For more information, please contact:**

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### **Anti Poverty Week:**

For more than 20 years Anti-Poverty Week has campaigned to make sure that all Australians including our children can cover the basics and have a secure roof over their heads. Children can thrive and be healthy when they have what they need to develop well.

[Home - Anti-Poverty Week \(antipovertyweek.org.au\)](http://antipovertyweek.org.au)

